

NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA

8288-98 SEP 21 11:53

In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Schiff® 5-HTP Product #12844** bearing the statements set out below:

Weider Nutrition International., Inc.
2002 South 5070 West
Salt Lake City, Utah 84104

The text of each structure-function claim for **L-5-Hydroxytryptophan (50 mg)** is as follows:


- (Statement 1) 5-HTP is a building block of serotonin, a neurotransmitter important in regulating mood, sleep and appetite.
- (Statement 2) As 5-HTP promotes serotonin and other brain neurotransmitter levels, it helps support an improved sense of well being and helps balance the body's sleep patterns.
- (Statement 3) As 5-HTP promotes serotonin, it helps to support a healthy appetite.

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International., Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 8th day of September, 199 8.

WEIDER NUTRITION INTERNATIONAL, INC.

BY:



DR. LUKE R. BUCCI
Vice President of Research